



YOUTH OUTLOOK



FUTURE OUTLOOK

Community Education & Professional Development Session Catalog

Creating LGBTQ+ inclusive environments through
expert-led training and development

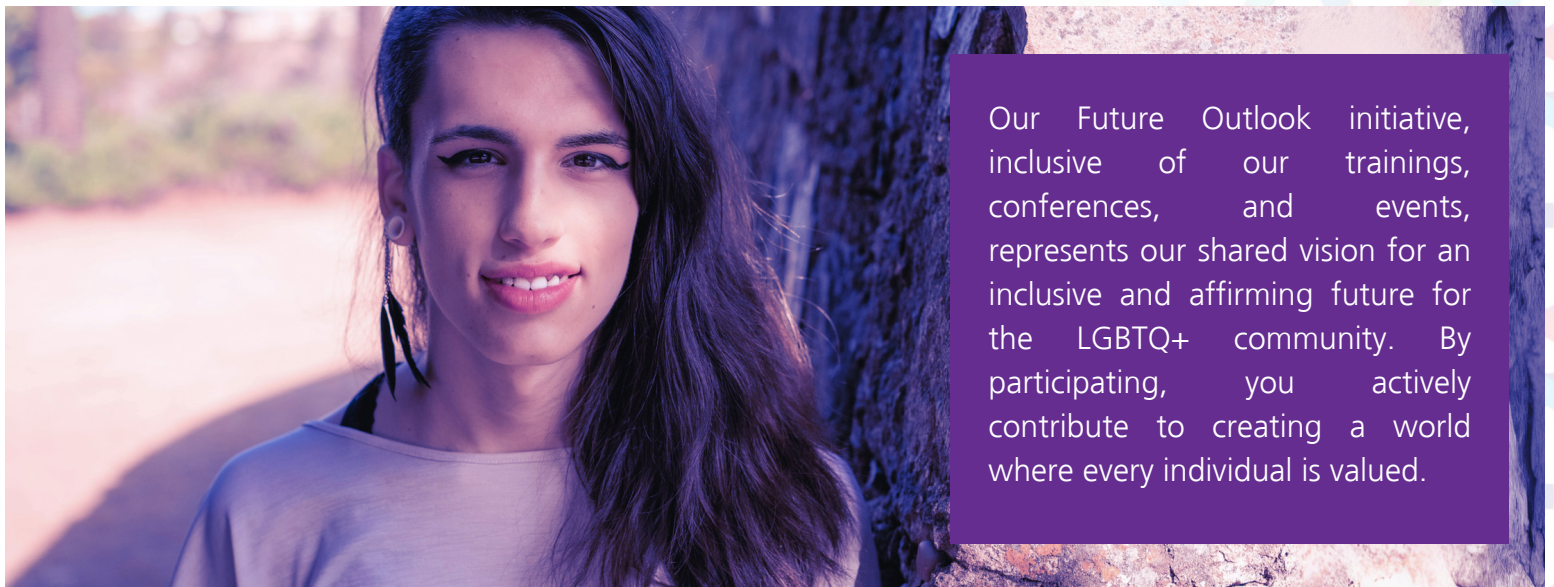
A beacon of support and enlightenment for those seeking to understand and advocate for LGBTQ+ individuals

Every session in our diverse Community Education and Professional Development catalog is crafted by our subject matter experts and aims to equip audiences with the knowledge, skills, and strategies needed to create affirming spaces for LGBTQ+ individuals.

Through interactive discussions, real-world scenarios, and access to extensive resources, participants are empowered to make a tangible difference in the lives of LGBTQ+ individuals in their communities and professional settings.

Sessions are designed to be flexible and customizable to the participants' knowledge level, desired session length, and format. We work with you directly to ensure that all your training requirements are met. CEUs, CPDUs, and CMEs are available on select topics, as noted.

To learn more or submit a training inquiry, visit youth-outlook.org or email training@youth-outlook.org.



Our Future Outlook initiative, inclusive of our trainings, conferences, and events, represents our shared vision for an inclusive and affirming future for the LGBTQ+ community. By participating, you actively contribute to creating a world where every individual is valued.



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About Youth Outlook

Established in 1998, Youth Outlook is Illinois' first and longest-running nonprofit social services agency solely dedicated to providing the care and community LGBTQ+ youth need to reach their full potential.

We work statewide, offering virtual and in-person drop-in centers for youth ages 5-20, support for caregivers and parents, health and wellness navigation services, and community education and professional development.

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Community Series



Aiming to raise awareness and promote LGBTQ+ inclusivity at the community level, presentations within this series explore strategies for creating safe and affirming spaces, fostering community-wide acceptance, and combating discrimination.

Perfect For

Faith Organizations, Civic Groups, Community Centers, Youth Organizations, Individual Allies, PTAs, Better Business Bureaus, Chambers of Commerce, and Colleges



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Meet Youth Outlook: How We Serve Your Community

Discover Youth Outlook, Illinois' first and longest-running social services agency solely dedicated to supporting LGBTQ+ youth. Gain insights into our services, understand the current experiences of LGBTQ+ youth, and learn strategies for creating safe, affirming spaces. The session also provides valuable resources for ongoing education and support. (1 Hour)

Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
 2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
 3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.
-

Understanding LGBTQ+ Identities: An Introduction

Provides an essential guide to understanding LGBTQ+ identities, covering affirming LGBTQ+ terminology, the development of gender identity, the current climate affecting LGBTQ+ youth and families, and steps for creating affirming spaces. Participants will leave with resources to continue their learning in supporting LGBTQ+ youth. (1 Hour)

Learning Objectives

1. Understand key concepts and affirming terminology related to LGBTQ+ identities and gender identity development.
 2. Recognize the challenges facing LGBTQ+ youth and their families today.
 3. Learn effective strategies to develop inclusive spaces that support the well-being of LGBTQ+ youth.
-

Supporting our LGBTQ+ Friends and Neighbors: An Introduction to Allyship

Enlightens attendees on affirming LGBTQ+ terminology, the current experiences of the LGBTQ+ community, and the powerful role allies play in supporting inclusivity. It also highlights community resources available for further support and learning. (1, 2, or 3 Hours)

Learning Objectives

1. Learn the impact of allies in fostering inclusivity and support for LGBTQ+ individuals.
2. Discover the meaning and significance of affirming LGBTQ+ terminology.
3. Understand the diverse experiences and challenges faced by the LGBTQ+ community, emphasizing the need for awareness and inclusivity.





Gender Conversations: Supporting Trans and Non-Binary Voices

Explores comprehensive approaches to support the trans and non-binary community. Participants will delve into affirming terminology, learn about the experiences of trans and non-binary individuals, and gain insights into creating inclusive spaces. The session also provides valuable resources for continued learning. (1 Hour)

Learning Objectives

1. Understand affirming terminology specific to the trans and non-binary community.
 2. Implement strategies to create supportive environments for trans and non-binary individuals.
 3. Create a personal toolkit of resources for continuous learning and support of the trans and non-binary community.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
 2. Develop deeper insight into the challenges and triumphs faced by LGBTQ+ individuals.
 3. Enhance knowledge by engaging in meaningful dialogue with the panelists.
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LGBTQ+ Youth Homelessness: Insights, Experiences, and Understanding

Focuses on best practices for serving LGBTQ+ youth experiencing homelessness. This session covers topics including understanding sexual orientation, gender identity, and expression, utilizing affirming language and pronouns, and addressing the unique challenges of LGBTQ+ individuals, particularly transgender and non-binary youth, experiencing homelessness. (1.5 Hours)

Learning Objectives

1. Gain insights into the various social, familial, and systemic factors that contribute to homelessness among LGBTQ+ youth.
2. Understand sexual orientation, gender identity, and expression, and their importance in affirming housing practices.
3. Learn best practices for creating and maintaining supportive housing environments tailored to the needs of LGBTQ+ individuals .





Corporate Inclusion Series



Designed to engage business leaders, teams, and managers in promoting LGBTQ+ inclusivity within their organizations, these sessions focus on fostering diversity, equity, and inclusion, emphasizing the importance of creating affirming workplaces.

Perfect For

HR Leaders, DEI Professionals, ERG/Affinity Groups, Professional Associations



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Provides an essential guide to understanding LGBTQ+ identities, covering affirming LGBTQ+ terminology, the development of gender identity, the current climate affecting LGBTQ+ youth and families, and steps for creating affirming spaces. Participants will leave with resources to continue their learning in supporting LGBTQ+ youth. (1 Hour)

Learning Objectives

1. Understand key concepts and affirming terminology related to LGBTQ+ identities and gender identity development.
 2. Recognize the challenges facing LGBTQ+ youth and their families today.
 3. Learn effective strategies to develop inclusive spaces that support the well-being of LGBTQ+ youth.
-

Inclusive Workplaces: Creating Affirming Environments for LGBTQ+ Employees

Equips employers with the knowledge and skills to create affirming workplaces for LGBTQ+ employees, including understanding and using affirming terminology, applying best practices for inclusivity, and supporting LGBTQ+ staff in various organizational settings. Provides valuable resources for enhancing workplace environments and strategies for maintaining a positive and supportive atmosphere amidst the challenges faced by LGBTQ+ individuals. (2 or 3 Hours)

Learning Objectives

1. Gain insights into the challenges and experiences of LGBTQ+ individuals in the workplace.
 2. Acquire knowledge of affirming terminology to effectively communicate and support LGBTQ+ employees in the workplace.
 3. Learn and apply best practices to foster an inclusive and supportive environment for LGBTQ+ staff across various organizational contexts.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
2. Develop deeper insight into the challenges and triumphs faced by LGBTQ+ individuals.
3. Enhance knowledge by engaging in meaningful dialogue with the panelists.





Gender Conversations: Supporting Trans and Non-Binary Voices

Explores comprehensive approaches to support the trans and non-binary community. Participants will delve into affirming terminology, learn about the experiences of trans and non-binary individuals, and gain insights into creating inclusive spaces. The session also provides valuable resources for continued learning. (1 Hour)

Learning Objectives

1. Understand affirming terminology specific to the trans and non-binary community.
 2. Implement strategies to create supportive environments for trans and non-binary individuals.
 3. Create a personal toolkit of resources for continuous learning and support of the trans and non-binary community.
-

Meet Youth Outlook: How We Serve Your Community

Discover Youth Outlook, Illinois' first and longest-running social services agency solely dedicated to supporting LGBTQ+ youth. Gain insights into our services, understand the current experiences of LGBTQ+ youth, and learn strategies for creating safe, affirming spaces. The session also provides valuable resources for ongoing education and support. (1 Hour)

Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.



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Educational Professionals Series



The Educational Professionals Series serves as a vital roadmap for educators and administrators aiming to foster inclusive school environments for LGBTQ+ students, faculty, and families. Our presentations empower educators with the latest terminology, trends, laws, and best practices and can assist with implementing LGBTQ+ inclusive curriculum mandated by the state of Illinois.

Perfect For

Primary, Secondary, and Post-Secondary Educators, Administrators, School Mental Health Professionals, and School Board Members



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A Roadmap to Truly Inclusive Schools for LGBTQ+ Students (Part 1 of 2)

Focuses on creating inclusive schools for LGBTQ+ students and families, starting with an overview of affirming LGBTQ+ terminology and developmental milestones. Explores key laws, policies, and best practices, such as gender support plans, to foster inclusive learning environments. (1.5 Hours)

Learning Objectives

1. Understand and apply LGBTQ+ affirming language in educational settings.
 2. Recognize the developmental stages of LGBTQ+ students to better support their educational journey.
 3. Learn and apply effective strategies and policies for creating a welcoming and inclusive school environment.
-

Developing LGBTQ+ Inclusive Curriculum (Part 2 of 2)

Explores effective strategies for integrating LGBTQ+ inclusivity into curriculum planning. Attendees will learn about challenges, trends, and best practices for inclusive lesson planning and classroom environments. The session offers resources and examples of lesson plans, encouraging educators to design and adapt curricula that reflect and respect diverse identities. (1.5 Hours)

Learning Objectives

1. Develop skills to effectively integrate LGBTQ+ inclusivity into curriculum planning, addressing diverse student needs.
 2. Gain insights into best practices in inclusive lesson planning and classroom management.
 3. Learn to utilize provided resources and example lesson plans to design and adapt curricula that honor and respect diverse identities.
-

Understanding Sexual Orientation, Gender Identity and Gender Expression (10th grade Health Class presentation)

Offers students an opportunity to understand the spectrums of identity, including SOGIE (sexual orientation, gender identity, and expression), enhancing their awareness and empathy towards LGBTQ+ peers. It emphasizes the importance of being an ally and promotes a culture of inclusivity and support within your school community. Additionally, the session provides essential resources for both students and educators, aligning with the National Sex Ed Standards. (50 Minutes)

Learning Objectives

1. Understand the complexities of SOGIE (sexual orientation, gender identity, and expression) and the experience of LGBTQ+ peers.
2. Learn the importance of being an ally and how to actively promote a culture of inclusivity and support for LGBTQ+ individuals within the school community.
3. Gain knowledge of essential resources available for both students and educators to support ongoing learning and advocacy for LGBTQ+ inclusivity.





Queer and Trans Advocacy in Schools: A Workshop

Led by our teen Youth Leaders and designed specifically for teen audiences, attendees will hear directly from peers about the challenges and triumphs of navigating school life as queer and trans individuals. The session encourages active participation and allows teens to ask questions, exchange ideas, and gain practical tips on how to be effective allies and advocates within their own schools. (1 Hour)

Learning Objectives

1. Gain insight into the experiences of queer and trans youth in school settings, as shared by youth advocates.
 2. Learn effective strategies for queer and trans advocacy in schools.
 3. Participate in an interactive discussion, enhancing understanding and fostering a supportive community among teen attendees.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
 2. Develop deeper insight into the challenges and triumphs faced by LGBTQ+ individuals.
 3. Enhance knowledge by engaging in meaningful dialogue with the panelists.
-

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Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.





Government and Public Service Series



This series is dedicated to fostering knowledge and understanding of the unique needs and experiences of LGBTQ+ individuals. It provides government agency and public service organization leaders and managers with the tools and insights necessary to create safe, affirming, and inclusive environments and policies within their respective sectors.

Perfect For

Social Services, Child Welfare, Public Health, Libraries, Law Enforcement, First Responders, Health Department Employees, and Housing and Shelter Programs



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Trauma Informed Practices with LGBTQ+ Populations

Offers insights into trauma-informed practices tailored for LGBTQ+ populations, highlighting the importance of affirming terminology and understanding the unique challenges faced by LGBTQ+ individuals. This session focuses on creating affirming, trauma-informed settings for clients and provides attendees with valuable resources for continued learning and application. (3 Hours)

Learning Objectives

1. Understand and effectively use LGBTQ+ affirming terminology in trauma-informed practices.
2. Identify the specific needs and challenges of LGBTQ+ individuals.
3. Learn strategies for developing trauma-informed, affirming environments for LGBTQ+ clients.

LGBTQ+ Health Equity: Creating Inclusive Care Settings

Focuses on the crucial skills and knowledge needed to provide affirming physical and mental health care, including current terminology, the unique needs and challenges faced by the LGBTQ+ community, and best practices in clinical settings to foster an inclusive and respectful environment. Attendees will be equipped with a comprehensive list of resources and tools, both local and national, to continue their education and practice in LGBTQ+ health equity. (2 Hours)

Learning Objectives

1. Understand and effectively use current LGBTQ+ affirming terminology in clinical practice to enhance patient communication and care.
2. Recognize and address the unique health needs and challenges faced by the LGBTQ+ community in clinical settings.
3. Learn and apply best practices to create an inclusive, respectful, and equitable healthcare environment for LGBTQ+ patients, supported by a comprehensive range of resources and tools.

Inclusive Libraries: Creating Safe Spaces for LGBTQ+ Patrons

Explores best practices for creating an affirming space for LGBTQ+ patrons in libraries, with a focus on inclusive program development. This session covers key topics such as affirming terminology, gender identity, and the current experiences of LGBTQ+ individuals. It delves into real-world scenarios to enhance understanding and foster a welcoming library environment. (1.5 Hours)

Learning Objectives

1. Learn and apply strategies, including policy and practice changes, to create an affirming and inclusive library environment for LGBTQ+ patrons.
2. Understand current LGBTQ+ terminology and concepts of gender identity.
3. Gain insights into the challenges and experiences of LGBTQ+ individuals and access helpful resources.



LGBTQ+ Youth Homelessness: Insights, Experiences, and Understanding

Focuses on best practices for serving LGBTQ+ youth experiencing homelessness. This session covers topics including understanding sexual orientation, gender identity, and expression, utilizing affirming language and pronouns, and addressing the unique challenges of LGBTQ+ individuals, particularly transgender and non-binary youth, experiencing homelessness. (1.5 Hours)

Learning Objectives

1. Gain insights into the various social, familial, and systemic factors that contribute to homelessness among LGBTQ+ youth.
 2. Understand sexual orientation, gender identity, and expression, and their importance in affirming housing practices.
 3. Learn best practices for creating and maintaining supportive housing environments tailored to the needs of LGBTQ+ individuals .
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Law Enforcement and LGBTQ+ Communities: Building Trust and Safety

Offers a comprehensive exploration into the challenges and societal dynamics impacting LGBTQ+ youth today. This session delves into affirming language, understanding gender and sexual identities, and LGBTQ+ youth experiences in various environments. Attendees will learn strategies to effectively support and build trust with LGBTQ+ youth. (1 Hour)

Learning Objectives

1. Recognize the current challenges and trends affecting LGBTQ+ youth.
 2. Understand and utilize affirming language and practices to support inclusivity.
 3. Master approaches to effectively build trust and create respectful environments.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
2. Develop deeper insight into the challenges and triumphs faced by LGBTQ+ individuals.
3. Enhance knowledge by engaging in meaningful dialogue with the panelists.





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Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
 2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
 3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.
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Healthcare Professionals Series



The Healthcare Professionals Series caters to a diverse group of medical and behavioral health providers. These presentations offer valuable insights into providing LGBTQ+-affirming mental and physical healthcare, enhancing patient care, and ensuring that healthcare environments are inclusive and supportive.

Perfect For

Physicians, Physicians Assistants, Nurses, Behavioral Health Providers, Therapists, Physical & Occupational Therapists, Dentists, Health Department Employees, Receptionists and other Healthcare Workers



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Focuses on the crucial skills and knowledge needed to provide affirming physical and mental health care, including current terminology, the unique needs and challenges faced by the LGBTQ+ community, and best practices in clinical settings to foster an inclusive and respectful environment. Attendees will be equipped with a comprehensive list of resources and tools, both local and national, to continue their education and practice in LGBTQ+ health equity. (2 Hours)

Learning Objectives

1. Understand and effectively use current LGBTQ+ affirming terminology in clinical practice to enhance patient communication and care.
2. Recognize and address the unique health needs and challenges faced by the LGBTQ+ community in clinical settings.
3. Learn and apply best practices to create an inclusive, respectful, and equitable healthcare environment for LGBTQ+ patients, supported by a comprehensive range of resources and tools.

Supporting LGBTQ+ Youth and Families: Best Practices in Clinical Settings

Covers how to effectively utilize affirming terminology and apply best practices when serving LGBTQ+ youth and their families. Empowers professionals to support LGBTQ+ clients and their families in navigating various systems, including schools, healthcare, and community spaces, and provides a comprehensive list of local, state, and national resources. Offers guidance on maintaining balance and resilience in the increasingly challenging environment faced by LGBTQ+ individuals. (3 or 4 Hours)

Learning Objectives

1. Enhance understanding of current, affirming LGBTQ+ terminology.
2. Develop strategies for creating affirming clinical environments for LGBTQ+ youth and their families.
3. Access and utilize various resources to support ongoing professional development in LGBTQ+ affirmative clinical care.

Legal Name and Gender Marker Changes: What Healthcare Professionals Need to Know

Clinicians will gain a comprehensive understanding of the legal aspects and processes involved in name and gender marker changes in Illinois. We will explore how to effectively support clients through these transitions, including navigating name change services, understanding the clinician's role in the process, and identifying vital resources at local, state, and national levels. The session also addresses the challenges and best practices for working within the legal system, offering clinicians the tools and knowledge to advocate for and assist their LGBTQ+ clients in a sensitive and informed manner. (1 Hour)

Learning Objectives

1. Gain a thorough understanding of the legal procedures and requirements for name and gender marker changes in Illinois.
2. Learn how to effectively assist clients through the transition process.
3. Acquire knowledge and tools to advocate for and support LGBTQ+ clients within the legal system.





Trauma Informed Practices with LGBTQ+ Populations

Offers insights into trauma-informed practices tailored for LGBTQ+ populations, highlighting the importance of affirming terminology and understanding the unique challenges faced by LGBTQ+ individuals. This session focuses on creating affirming, trauma-informed settings for clients and provides attendees with valuable resources for continued learning and application. (3 Hours)

Learning Objectives

1. Understand and effectively use LGBTQ+ affirming terminology in trauma-informed practices.
 2. Identify the specific needs and challenges of LGBTQ+ individuals.
 3. Learn strategies for developing trauma-informed, affirming environments for LGBTQ+ clients.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
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-

LGBTQ+ Youth Homelessness: Insights, Experiences, and Understanding

Focuses on best practices for serving LGBTQ+ youth experiencing homelessness. This session covers topics including understanding sexual orientation, gender identity, and expression, utilizing affirming language and pronouns, and addressing the unique challenges of LGBTQ+ individuals, particularly transgender and non-binary youth, experiencing homelessness. (1.5 Hours)

Learning Objectives

1. Gain insights into the various social, familial, and systemic factors that contribute to homelessness among LGBTQ+ youth.
2. Understand sexual orientation, gender identity, and expression, and their importance in affirming housing practices.
3. Learn best practices for creating and maintaining supportive housing environments tailored to the needs of LGBTQ+ individuals .





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Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.

Public Health Institute of Metropolitan Chicago POP (Protecting Our Patients) Training

Youth Outlook is a provider of the Public Health Institute of Metropolitan Chicago's (PHIMC) POP (Protecting our Patients) training. Consisting of four 90-minute modules, POP promotes collaborative care relationships where people feel comfortable accessing health services and discussing their personal health needs.



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Legal Professionals Series



In the Legal Professional Series, presentations are tailored to professionals in the legal and court systems. These sessions provide guidance on legal advocacy and support for LGBTQ+ individuals within the legal system.

Perfect For

Guardian Ad Litem, Public Defenders, State Attorney's Offices, Court Personnel, Judges, and Probation and Parole Officers



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Legal Support for LGBTQ+ Individuals: Building Affirming Services

Offers an in-depth look at providing affirming legal services to LGBTQ+ individuals, with a focus on understanding and using LGBTQ+ affirming terminology, the specific needs of transgender and non-binary clients, and current trends in legal services for the LGBTQ+ community. Highlights key resources and effective strategies for professionals to support LGBTQ+ clients in legal contexts, ensuring sensitivity and inclusivity in their practice. (1 or 2 Hours)

Learning Objectives

1. Effectively implement LGBTQ+ affirming legal terminology in practice.
 2. Understand the unique legal challenges faced by LGBTQ+ clients, particularly transgender and non-binary individuals.
 3. Develop comprehensive strategies for providing inclusive legal support to LGBTQ+ clients in your setting.
-

Legal Advocacy for LGBTQ+ Youth: Guardian Ad Litem Training Program

Specifically designed for Guardian Ad Litem (GALs) to enhance their understanding of LGBTQ+ affirming practices. This session focuses on the unique needs of LGBTQ+ youth in legal settings, covering topics like affirming terminology, the role of GALs in supporting LGBTQ+ clients, and navigating complex legal scenarios. The session also provides resources to help GALs advocate effectively for LGBTQ+ youth and families. (1.5 or 2 Hours)

Learning Objectives

1. Learn affirming terminology and approaches tailored to the legal representation of LGBTQ+ youth.
 2. Explore the specific responsibilities and strategies for GALs in advocating for LGBTQ+ clients.
 3. Develop skills to effectively navigate scenarios involving LGBTQ+ youth and families, ensuring their rights and needs are addressed.
-

Panel Perspectives: Understanding LGBTQ+ Experiences and Identities

Features a diverse panel of LGBTQ+ youth, parents, and allies guiding an interactive session that offers a unique opportunity to hear firsthand experiences and insights about the LGBTQ+ community. The session also includes a Q&A segment, allowing attendees to engage directly with panelists, fostering an open dialogue and a more profound comprehension of the LGBTQ+ community's realities. (1 Hour)

Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
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 2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
 3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.
-





Parent and Family Series



The Parent and Family Series focuses on equipping parents, guardians, caregivers, and family members with the knowledge and tools needed to support and affirm LGBTQ+ youth. These sessions provide guidance and resources to help families create nurturing and accepting environments at home.

Perfect For

Parents, Legal Guardians, Foster Parents, Caregivers, Siblings, Grandparents, Extended Family, and Children of LGBTQ+ Adults



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Provides an essential guide to understanding LGBTQ+ identities, covering affirming LGBTQ+ terminology, the development of gender identity, the current climate affecting LGBTQ+ youth and families, and steps for creating affirming spaces. Participants will leave with resources to continue their learning in supporting LGBTQ+ youth. (1 Hour)

Learning Objectives

1. Understand key concepts and affirming terminology related to LGBTQ+ identities and gender identity development.
 2. Recognize the challenges facing LGBTQ+ youth and their families today.
 3. Learn effective strategies to develop inclusive spaces that support the well-being of LGBTQ+ youth.
-

Parenting Proud: Supporting the Coming Out Process

Guides parents and caregivers in supporting LGBTQ+ teens, especially during their coming out. This session focuses on affirming terminology, understanding the current climate for LGBTQ+ youth, and creating affirming home environments. Includes helpful resources for continued support. (1 Hour)

Learning Objectives

1. Learn affirming language to communicate effectively and empathetically with LGBTQ+ teens.
 2. Gain insights into the challenges LGBTQ+ teens face today.
 3. Develop strategies for building supportive and inclusive spaces for LGBTQ+ teens at home.
-

Gender Conversations: Supporting Trans and Non-Binary Voices

Explores comprehensive approaches to support the trans and non-binary community. Participants will delve into affirming terminology, learn about the experiences of trans and non-binary individuals, and gain insights into creating inclusive spaces. The session also provides valuable resources for continued learning. (1 Hour)

Learning Objectives

1. Understand affirming terminology specific to the trans and non-binary community.
2. Implement strategies to create supportive environments for trans and non-binary individuals.
3. Create a personal toolkit of resources for continuous learning and support of the trans and non-binary community.



Gender Support Plans: Advocating for Affirming Accommodations at School

Discusses essential strategies for parents and guardians to support transgender and non-binary youth in educational settings. This session covers understanding and creating gender support plans, navigating district policies, and advocating effectively for your child's rights and accommodations in school. Attendees will be equipped with practical tools and insights to empower and affirm their child's gender identity within the educational system. (1 Hour)

Learning Objectives

1. Learn how to create and implement effective gender support plans that address your child's specific needs.
 2. Understand how to navigate school district policies and procedures to advocate for your child's rights and accommodations.
 3. Gain skills in advocating effectively for your child, ensuring their gender identity is respected and affirmed within the educational system.
-

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Learning Objectives

1. Understand the varied experiences and identities within the LGBTQ+ community through first hand accounts from youth, parents, and allies.
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Discover Youth Outlook, Illinois' first and longest-running social services agency solely dedicated to supporting LGBTQ+ youth. Gain insights into our services, understand the current experiences of LGBTQ+ youth, and learn strategies for creating safe, affirming spaces. The session also provides valuable resources for ongoing education and support. (1 Hour)

Learning Objectives

1. Learn about Youth Outlook's comprehensive services to support LGBTQ+ youth.
2. Gain insight into the experiences and challenges faced by LGBTQ+ youth.
3. Learn effective strategies to foster safe and inclusive environments for LGBTQ+ youth.





Youth-Led Series



Presentations are led by teens for teens, fostering a peer-to-peer approach to sharing information and support. This series empowers young individuals to take the lead in providing guidance, resources, and encouragement to their peers, creating a space for mutual understanding and empowerment.

Perfect For

GSA's, Youth Groups, Teens, and Young Adults

Queer and Trans Advocacy in Schools: A Workshop

Led by our teen Youth Leaders and designed specifically for teen audiences, attendees will hear directly from peers about the challenges and triumphs of navigating school life as queer and trans individuals. The session encourages active participation and allows teens to ask questions, exchange ideas, and gain practical tips on how to be effective allies and advocates within their own schools. (1 Hour)

Learning Objectives

1. Gain insight into the experiences of queer and trans youth in school settings, as shared by youth advocates.
2. Learn effective strategies for queer and trans advocacy in schools.
3. Participate in an interactive discussion, enhancing understanding and fostering a supportive community among teen attendees.



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youth-outlook.org | training@youth-outlook.org

Session Fees

Youth Outlook seeks to make training and community education opportunities accessible to individuals and communities working with LGBTQ+ youth and to keep our work sustainable. Once we understand your specific session requirements, we can offer a customized proposal and quote.

Can't find what you need?

If our existing training options don't perfectly align with your needs, we're ready to craft a tailored program just for you. Reach out to us at training@youth-outlook.org to talk about how we can design a unique training experience that meets your specific requirements.

We also provide consultation services. Youth Outlook's experienced operations, development, and programming professionals will provide consultation on policy development, our drop-in center model, establishing a taskforce or community network, and more.





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